

### Exercise 1 - The High A Doubling Scale



YouTube Video Link - [▶ The High A Doubling Scale](#)

### Exercise 2 - The High G Doubling Scale



YouTube Video Link - [▶ The High G Doubling Scale](#)

### Exercise 3 - The F Doubling Scale



YouTube Video Link - [▶ The F Doubling Scale](#)

### Exercise 4 - The E Doubling Scale



YouTube Video Link - [▶ The E Doubling Scale](#)

**Exercise 5 - The D Doubling Scale**YouTube Video Link - [▶ The D Doubling Scale](#)**Exercise 6 - The C Doubling Scale**YouTube Video Link - [▶ The C Doubling Scale](#)**Exercise 7 - The B Doubling Scale**Youtube Video Link - [▶ The B Doubling Scale](#)**Exercise 8 - The Low A Doubling Scale**Youtube Video Link - [▶ The Low A Doubling Scale](#)

### Exercise 9 - The Low G Doubling Scale



YouTube Video Link - [▶ The Low G Doubling Scale](#)

### Exercise 10 - The D Throw Scale



YouTube Video Link - [▶ The D Throw Scale](#)

### Exercise 11 - The Grips to E Scale



YouTube Video Link - [▶ The Grips to E Scale](#)

### Exercise 12 - The Taorluath Scale



YouTube Video Link - [▶ The Taorluath Scale](#)

### Exercise 13 - The Birl Scale



YouTube Video Link - [▶ The Birl Scale](#)

### Exercise 14 - The G Gracenote Birl Scale



YouTube Video Link - [▶ The G Gracenote Birl Scale](#)

### Exercise 15 - Tachums



Youtube Video Link - [▶ The Tachum Exercise](#)

### Exercise 16 - Strathspey Exercise



YouTube Link - [▶ The Strathspey Exercise](#)